

Where there is Love and Wisdom, there is neither Fear nor Ignorance,

Where there is Patience and Humility, there is neither Anger nor Annoyance.

Where there is Poverty and Joy, there is neither Cupidity nor Avarice.

Where there is Peace and Contemplation, there is neither Care nor Restlessness.

Where there is the Fear of God to guard the dwelling, there no enemy can enter.

Where there is Mercy and Prudence, there is neither Excess nor Harshness.—*Francis of Assisi*

As we find our way to a deeper source of peace and joy that we can hold on to when everything around us seems to argue against it, we pray... May God defend the cause of the poor of the people, give deliverance to the needy, and crush the oppressor. — *Psalm 72:3-4*