

Saint Mary Catholic Community

November 1, 2026 Thirty-First Sunday in Ordinary Time



Mass of Remembrance and Hope

Monday, November 2nd at 5:30 pm

with reception to follow

We come together to pray for the souls of the faithfully departed, especially those from our community and loved ones that we have lost in the last year. For the month of November we continue to pray for all souls and the families of those who mourn their lost loved ones.

Mass Schedule: Saturday Vigil Mass 4:00 pm | Sunday Mass 9:00 am

Weekday Masses: Monday 12:10 pm (NO MASS Tuesdays or Wednesdays)

No 12:10 PM Mass Monday, November 2nd

Thursdays: Mass at Saint Mary's on the 1st and 2nd Thursdays at 12:10 pm

Masses at the nursing homes on the 3-5th Thursdays

Touchmark, November 19th at 11:00 AM

Reconciliation: Thursdays 3:30 p.m.—5:00 p.m.

Saturday 2:30 p.m.— 3:30 p.m.



Pastoral Office Hours: Monday-Thursday: 9:00 AM to 4:00 PM

Friday: 9:00 AM-12:00 PM starting November 6, 2026

Office Address: 1700 Missoula Ave. Helena, MT 59601

Phone: (406) 442-5268 | **Website:** www.stmaryhelena.org | **E-mail:** smcc@stmaryhelena.org

Click [here](#) to signup for Flocknote (to receive news and updates from us)

Click [here](#) to watch our livestreams

Click [here](#) to become a parishioner

Masses at Saint Mary

Sunday, November 1st— The Thirty-First Sunday in Ordinary Time

*Revelations 7:2-4, 9-14 • 1 John 3:1-3 •
Matthew 5:1-12a*

9:00 AM Mass—
for Tim Schroeder
rb Mary Schroeder
and Linda Sorensen
rb Maureen and Jerry LaChere

Monday, November 2nd - No Daily Mass All Souls' Day (Commemoration of All the Faithful Departed)

*Wisdom 3:1-9 • Romans 5:5-11 •
John 6:37-40*

**Mass Of Remembrance and Hope
5:30 PM**

Tuesday, November 3rd--No Mass St Martin de Porres

Philippians 2:5-11 • Luke 14:15-24

Wednesday, November 4th—No Mass St. Charles Borromeo, Bishop

Philippians 2:12-18 • Luke 14:25-33

Thursday, November 5th--No Mass

Philippians 3:3-8a • Luke 15:1-10

Friday, November 6th--No Mass

Philippians 3:17-4:1 • Luke 16:1-8

Saturday, November 7th
Philippians 4:10-19 • Luke 16:9-15
2:30 PM– 3:30 PM Confessions

4:00 PM Vigil—
for Bob and Violet Coleman
rb Gail Lannan

At A Glance

- **Monday, November 2nd**
 - No Daily Mass
 - No Grief
 - Mass of Remembrance and Hope 5:30 PM
- **Wednesday, November 4th**
 - Prayer in Motion 12-1 PM in the Social Center
 - Elementary RE 3:45-5:00 PM
 - Youth Ministry OLV 6:30-8:30 PM
- **Thursday, November 5th**
 - Daily Mass 12:10 PM
 - Catholicism 101 12:45-2 PM--In St Ann's
 - Confessions 3:30-5:00 PM
- **Saturday, November 7th**
 - 2:30-3:30 PM Confessions
 - Usher ministry training after 4:00 PM Mass
- **Sunday, November 8th**
 - LOWC at the 9:00 AM Mass

Parish Staff at your service

General Office Number: (406) 442-5268

Father Cody Williams
Phone ext. 106 ~ email: frwilliams@stmaryhelena.org

Deacon Michael Seipp
email: mseipp@stmaryhelena.org

Allison Sever ~ Office Manager/Volunteer Coordinator
Phone ext. 101 ~ email: smcc@stmaryhelena.org

*Mary O'Donnell ~ Director of Faith Formation/
Pastoral Care*
Phone ext. 107 ~ email: faithformation@stmaryhelena.org /
pastoralcare@stmaryhelena.org

Lori Mleko ~ Elementary RE Coordinator
Phone ext. 102 ~ email: lorimleko@stmaryhelena.org

Danita Murray ~ Parish Bookkeeper
Phone ext. 104 ~ email: finance@stmaryhelena.org

Nicole Graefe ~ Director of Music and Liturgy
Phone ext. 105 ~ email: musicliturgy@stmaryhelena.org

Brandon Bloom ~ Maintenance Director
Phone ext. 112 ~ email: bbloom@stmaryhelena.org

Parish Councils at your service

Pastoral Council Members: Starla Blank, Jan Buyske, Mary Munger, Jeff Tobin, Tyson Schulte, Leah Butkay, Lacey Galen, Kristi Irwin, Alissa Voeller, Jim Tucker, Sr, Maria Foot and Mary Lou Abbott

Finance Council Members: Bruce Baumgart, Jana Gruber, Julie Johnson, Anna Miller, Lori Murphy-Moulet, Rick Duane, and Nancy Coleman



Prayer part 11

The Rosary

A few sessions ago I mentioned the Hail Mary as a common Catholic devotional prayer. But what about the Rosary? I want to come back to both the Hail Mary and the most common way that prayer is prayed: The Rosary. The word “rosary” comes from the Latin word for a garland or a ring of roses. The connection was made between the string of beads and a garland, hence, rosary. The tradition of praying using beads is very ancient. The Jews used a string of 150 beads to recite all 150 Psalms as they walked or prayed. The Buddhist monks have strings of beads to help them in their meditations. Muslims also use strings of 33 beads for the praise of Allah. The use of beads for repeated prayers is very common amongst many of the main world religions.

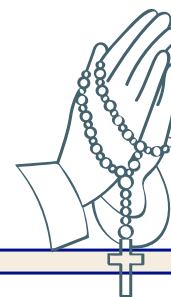
The Rosary has a strange origin. Both the Carmelite and Dominican Orders claim to be the ones gifted with the Rosary by Mary. Oddly, both of them have the same structure of the Rosary, the same basic prayers, and received the Rosary within the same span of 100 years. From the 13th century onward, the Rosary grew in fame. Many people started praying the Rosary because of its accessibility. The monastic prayers of the Breviary, or the Liturgy of the Hours, was too challenging for most people to understand, too expensive to buy, and tough to fit into daily life. The Rosary gave them simple prayers that were easy to memorize, helped them to reflect on the life of Christ, and gave them a good replacement for the too complicated Breviary.

Throughout history, Mary’s intercession through the Rosary has shown its power. In Poland during WWII, a town gathered 40,000 people to pray the Rosary. The Nazi troops went around that town and didn’t conquer it. During the apparition of Our Lady of Fatima, this is the only prayer she asked both the seers and all people to pray. Many people have had profound conversions through the power of the Rosary. This prayer evidences the special intercessory power of Mary.

How do we pray the Rosary?

The Rosary starts with the Apostles Creed, an Our Father, three Hail Marys, followed by a Glory Be. On each of the larger beads, we pray a Glory Be, followed by announcing the mystery, then an Our Father. On each of the decade beads, we pray a Hail Mary. At the end of the 5 mysteries and 59 beads we pray the Hail Holy Queen. Why do we pray the Rosary? We pray the Rosary to reflect on the life of Christ and to ask for Mary’s intercession. Each of the sets of mysteries emphasizes an aspect of Jesus’ life and ministry. The Joyful Mysteries focus on his birth and God becoming man. The Sorrowful Mysteries focus on his passion and death. The Glorious Mysteries focus on his Resurrection and the plan for our salvation. The Luminous Mysteries focus on his ministry and the proclamation that Jesus is God. Each of these sets of mysteries helps us to recognize God’s action and the life of Jesus. They can be prayed on any day of the week.

Fr. Cody



Pope’s Intentions for October 2026

For mental health ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Upcoming Mass Times:

Monday, November 2nd No 12:10 Mass at Saint Mary Thursday, November 5th Mass at 12:10 PM
Mass of Remembrance and Hope at 5:30 PM November 9th and November 12th Mass at 12:10



Prayer
Ministry
Sacrifice

As praying stewards, we gather to pray and honor those lost over the past year with our Mass of Remembrance and Hope.

As ministering stewards, we welcome senior members of our parish to our Thanksgiving Dinner feast making deliveries to those who are homebound or unable to attend.

As sacrificing stewards,

Stewardship Gifts/Ordinary Collections:

Total Donations (Two Weeks): 10/8/26-10/22/26
\$23,370

Monthly Income (September) **\$52,136**

Average Monthly Expenses (September) **\$54,504**

SMCC Solar Energy



As of Friday, October 30th at 2:00 pm, SMCC solar panels have produced **232.48 MWh of energy** worth **\$26,734.89!**

All Parish Meeting

**Sunday, November 15th
from 2-4 pm**

This is a special opportunity to discuss where we are, where we have been, where we are hoping to go and what challenges we face as a parish.

Everyone is welcome to come!



Though many parts...

One Body

in Christ

~ Romans 12:5



THE ROMAN CATHOLIC
Diocese of Helena
diocesehelena.org



We Are Stronger Together

Thank you for our support of the 2026-2027 ACA campaign supporting ministries of the Diocese of Helena.

You should have received material in the mail this week. You can respond with a gift through check or online at diocesehelena.org.

For assistance or questions, please contact the Stewardship office at the Center for Catholic Life at 406-389-7062..

Faith Formation Opportunities

Elementary RE: Wednesdays

3:45 PM to 5:00 PM

First Reconciliation class has started.

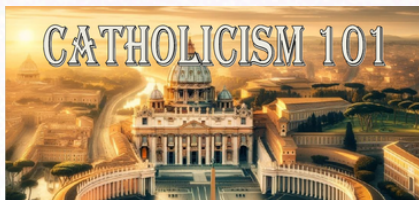
Please contact Lori at the parish office
(406-442-5268) if you have any questions!

Youth Ministry Updates

Youth group this week will be at
Our Lady of the Valley from
6:30-8:30 PM on Wednesday,
November 4th.

You can join in confessions
starting at 4:30 PM and Mass at
6:00 PM

Dinner will be served.

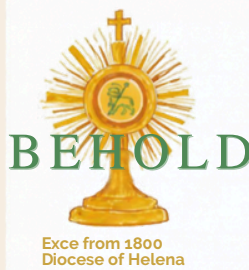


Next session: Who is Jesus
Thursday, November 5th
from 12:45-2:00 PM in the
social center.

Thank you!



To all who helped with the senior
dinner this year, especially Mike and
Catie Cloninger, our chefs
extraordinaire and all the helpers!



Junior High Rally 2026

A day of faith and fun for young
people in grades 6-8 hosted by
the CYC Board. The day
will move between prayer,
talks, music, games,
liturgy, and more.

When: November 7, 2026

Where: Missoula (St. Joe's), **Cost,** 560

Who: Grades 6-8 (Financial aid Available)



diocesehelena.org/juniorhighrally

"SEEK AND YE SHALL FIND" MT 7:7

ORDER OF CHRISTIAN INITIATION FOR ADULTS
**O.C.I.A.
Classes**

Invite a friend or two and come discover the
Truth, Beauty, and Goodness of our rich faith.
Questions? Call Mary O'Donnell (ext 107)



MONDAYS
OCT 12 - APRIL 19



ST. ANN'S
ROOM



5:15-6:30 PM

All are welcome!



Help with Dinners Needed!

**Slots are still available! Thank you those
that have helped with meals.** Please join our
SignUp Genius to help provide meals for
students who are running from busy days so
they can eat before youth group.



Contact Mary O'Donnell
with any questions!



THANKSGIVING FOOD BOXES



Volunteers are needed to help with our annual Thanksgiving Food Boxes.

Below is a list of tasks with dates and times.

If you can help, please call or text Lois at (406) 461-9843 or send her an email message at grzmen@msn.com. You also may call the church at (406) 442-5268 or sign up at the kiosk in the gathering space in the church.

Tuesday, Nov. 17 (1:30 p.m.) – Sort food; bag potatoes

Wednesday, Nov. 18 (6:00 p.m.) – Fill boxes

Sunday, Nov. 22 (11:00 a.m. – 1:00 p.m.) or (1:00-3:00 p.m.) – Distribute boxes

Your help is greatly appreciated. Thank you!

Thanksgiving Boxes

We are collecting non-perishable food items to fill our Thanksgiving Food Boxes in November. These donations will be combined with staple items (such as canned vegetables, canned fruit, flour, and sugar) purchased through proceeds from our annual Basket Auction. Suggested donations include:



*Soup * Olives * Jell-O*

Canned pumpkin or pumpkin pie mix

Muffin mix Canned Meats/Tuna*

Pasta and spaghetti sauce

Cake mixes and canned frosting Boxed meal kits

Please place your food items in the Gathering Space. Thank you for your kindness and support!

Thanksgiving Day
Mass



November 26
9:00 AM

Family to Family Baskets

Larger family to family boxes are needed in addition to the boxes assemble. These boxes should support a family of 6 members or more. There is a list of items on the kiosk you can use to build your boxes. Items may include: Flour, sugar, stuffing, potatoes, peanut butter, canned items, healthy cereal, juice, etc. The basket may or may not contain a turkey. Please sign up on the kiosk or contact Lois at grzmen@msn.com.

Just let Lois and Gary know!



Collection for treats and food for 4 legged family members

In addition to food for our Thanksgiving outreach this year, we would like to provide treats and food for pets. If you would like to bring any items, you can place them with your food donations in the gathering space. Thank you!

THE BLESSING BOX NEEDS

YOUR HELP!

Thank you so much for your continued support of our Parish Blessing Box. Winter is coming on, and it is more important than ever to keep the Box filled. We are looking for donations of hats, gloves, scarves and small blankets. We continue to need small toiletries and food items that do not require utensils to eat. Examples are granola bars, individual packets of trail mix or fruit gummies, individually wrapped sticks of beef jerky, small containers of fruit or tuna (we supply spoons and forks), or anything else you may find at a grocery store that would be easy for people to eat. Your donations may be left in the Blessing Box basket located in the Gathering Space at Church.

Thank you for your donations. God bless!

Prayer in Motion

Prayer in Motion continues on Wednesdays from 12-12:45 pm in the Social Center. This is a slow, meditative exercise in a contemplative, prayer-based setting. No experience is necessary. Both seated and standing options are available. Classes are 30-45 minutes. Hope to see you there!

SAFE ENVIRONMENT – PROTECTING GOD'S CHILDREN

The Diocese of Helena is firmly committed to the health, protection, and safety of our children, youth, and vulnerable adults. To report allegations of sexual abuse, contact the Diocese of Helena Victim's Advocate at (406)-459-0513 or VictimAssistant@diocesehelena.org.

To obtain information about the Diocese's implementation of the Charter for the Protection of Children and Young People through our Safe Environment policies and programs, visit: <https://diocesehelena.org/safe-environment>

Annual De La Salle Blackfeet School Raffle

Annual Raffle tickets to support the De La Salle Blackfeet School. Tickets are \$5 and directly support the tuition of students. Stop by the office to purchase a ticket or learn more about opportunities to give.

MONTANA CATHOLIC MEN'S CONFERENCE

"To be faithful to God requires a constant battle. Hand-to-hand combat, man to man – the old man against the man of God – in one small thing after another, without giving in." St. Josemaria Escriva

Keynote Speaker:
BEAR WOZNICK
EWTN SHOW HOST
BEST-SELLING AUTHOR
CATHOLIC SPORTS HALL
OF FAME INDUCTEE



**SATURDAY
NOVEMBER 14, 2026**
8:00 AM – 4:00 PM

Cathedral of St. Helena
Brondel Center
530 N Ewing St, Helena, MT 59601

MORE INFORMATION AND REGISTER HERE

COST: \$40
LUNCH INCLUDED



WWW.MTCATHOLICMENSCONFERENCE.COM

-Children Come Sing With Us-

We invite the K-12 children of Saint Mary to join Joyful Noise.

This winter we plan on singing prelude music for the Christmas Eve Mass.



Rehearsal Schedule:

December 2nd- rehearsal after RE from 5:00-6:00

December 9th- rehearsal after RE from 5:00-6:00

December 21st-3:30-4:30

We will sing at the Christmas Eve Mass.

Details soon to come!

If you are interested, have questions or would like more information please contact Maria Foot at mfoot49@gmail.com.

Saint Francis Peace Through Justice Ministry



Dorothy Day: Advocacy and Action

Dorothy Day's legacy and journey to her designation by the Church as "Servant of God" is the story of her passionate commitment to the poor and marginalized, the "common man" and worker, to nonviolence and to a peaceful, just world. As she relentlessly pursued these goals, she spoke truth to power often confronting government officials and the Church hierarchy. Not only does her legacy last into today, her actions and stances continue to be both an inspiration and a measuring stick for Catholics today. **Here is a small sampling of her extraordinary efforts to follow Jesus' command to "love your neighbor as yourself."**

- In 1933, together with Peter Maurin, a Frenchman knowledgeable about Church teachings, they started The Catholic Worker, a print newspaper, **to inform and promote Catholic social teaching, pacifism, and voluntary poverty.**
- The paper's competition was a Communist paper called The Worker which often ridiculed The Catholic Worker for its' call for love and compassion.
 - **Dorothy had moved away from socialist connections because of its' atheism and adherence to class struggle, as opposed to concrete love of the individual person.**
- The Catholic Worker continues to be published today with 26,000 subscribers. She continued to edit it until her death in 1980.
- Dorothy and Peter Maurin started the **Catholic Worker Houses of Hospitality.**
 - They are independent community homes, providing free food, shelter and aid to people in need. Guided by the social justice principles they have also become gathering places for discussion, education and evangelization in the ideals of the Catholic Worker Movement and Catholic Social Teaching.
 - **Today there are approximately 200 Catholic Worker Houses of Hospitality worldwide. They often welcome refugees.**
- Dorothy's stance on pacifism, workers' rights and civil rights led her to be jailed several times.
 - As an absolute pacifist she was unbending - refusing to support the Spanish Civil War or U.S. entry into WWII. She believed violence could never defeat evil.
 - **Her refusal to support military efforts alienated her from mainstream American society and many Catholics who viewed WWII as a just war.**
 - She was a fierce opponent to all nuclear weapons.
- **Two of Dorothy's principles were "personalism" and voluntary poverty.**
 - **"Personalism"** is like Pope Francis's "culture of encounter" in which to love and serve people, we must meet them where "they are at."
 - She lived a life of **voluntary poverty**, encouraging others to adopt it as well.

Dorothy Day's life stands at the apex of Catholic Social Teaching for her unbending commitment to justice and the Works of Mercy. There is an abundance of resources for more information. The ones below are only a tiny fraction of them. **Dorothy Day is worth learning about!**

<https://catholicworker.org/>

<https://socialjusticeresourcecenter.org/biographies/day-dorothy/>

https://en.wikipedia.org/wiki/Dorothy_Day

<https://uscatholic.org/articles/199711/the-trouble-with-saint-dorothy/>

Our parish is a supporter of a number of outreach organizations in town, including:

Catholic Social Services : (406)442-4130

Guided by a commitment to respect for life, CSSM serves the varied needs of mothers, babies and children by building and strengthening families in Montana.

De La Salle Blackfeet School: (406)338-5290

Provides a quality , innovative and faith-based education to students on Blackfeet Reservation, that they may become successful learners and able participants in the shaping of their community.

Family Promise: (406)465-9467

Helps homeless and low-income families achieve sustainable independence through an interfaith network of hospitality.

Friendship Center: (406)442-6800

Supports victims of domestic violence and/or sexual abuse with a broad range of support at no charge.

God's Love: (406)442-7000

Supports homeless in our community and helps provide food and shelter.

Good Samaritan Ministries: (406)442-0780

Supports family life in our community and enhance human dignity with services to meet the physical health, social, emotional and spiritual needs of individuals and families.

Guatemala Mission:

Established in 1964, our diocesan mission at Santo Tomás la Unión, Guatemala is comprised of a school, a clinic, and the mission headquarters. The mission provides essential services to poor people in the coastal highlands of the country.

Helena Community Gardens: (406)529-1364

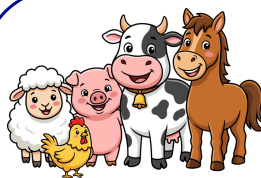
Makes gardening accessible to low-income families, people with disabilities and the elderly, increasing access to healthy locally grown food. Our Jubilee Garden, which donates fresh organic produce to Helena Food Share, is a member of the Helena Community Gardens family. (www.helenagardens.org)

Helena Food Share: (406)443-3663

Creates a hunger free community with emergency food boxes monthly and weekly produce and breads.

Options Clinic: (406)422-1011

Guided by a commitment to respect for life, Options offers a wide range of health care services to men and women free of charge. (www.optionsfriends.org)



Attention farmers!

As part of our ongoing efforts to reduce waste from our various functions, we are soliciting people who have livestock that would be interested in picking up leftovers that are not able to be used by people but still viable for animals i.e. table scraps, stale food, peelings, etc. Please let the office know if you are interested or have questions!

Statues of Saints for All Saints Day



November is a month of remembering.

We remember those we have lost and find comfort in the intercessions of saints.

All holy men and women pray for us.

Young Adult Pilgrimage to:
Guatemala
MAY 2027

The Diocese of Helena invites young adults (ages 19-30) to participate in a pilgrimage to the Mission, clinic, and school in Guatemala. Experience the direct-service ministry of the Church and the hospitality, culture, and faith of Guatemala.

- Men: May 11-19
- Women: May 17-24
- Cost: \$2,500, Includes:

Housing Meals Transportation

[DIOCESEHELENA.ORG/GUATEMALA](https://diocesehelena.org/guatemala)

SEMINARIANS
FOR THE DIOCESE OF HELENA
2026-2027

Riley Helgoe	Carson Gorton
Anthony Olmes	Jake Smith
James Semling	Liam Aippersbach
Jamie Severson	Ryan Frampton
Carter Anderson	Peter Fiocchi
Shae Bills	Nathan Olmes
Matt Keck	

-Please Continue to pray for our Seminarians-

We Pray for all those serving in the Military

David Beatty	Eli Kirwan
Matthew Callahan	Daniel Mattingly
Christopher Casne	Andrew McGuffey
Stephen Ceo	Nathan Mill
Jack Cotter	Nicholas T Nelson
Tristan Anne Driessen	Marcus Peter
Dillan Edgar	Lucas Robson
Tyler Eierdam	Colby Smith
Ed Eve, Jr	Natasha Walker
Cody Gleich	Andrew Welch
David Griffinberg	

By the grace of God may peace reside in every human heart and in all the world. If you would like to add or remove a name, please call the Parish Office on (406)442-5268.

Parish Prayer Chain

Prayer is a powerful way we practice loving God and loving our neighbor as ourselves. If you or someone you know is in need of prayer, call the Parish Office to have your prayer request put on the email prayer chain. Your request can include the person's name or be anonymous. To join the prayer chain, please call the Parish Office (406) 442-5268. If you'd like to be a part of the parish prayer chain and don't have access to email, please call the Parish Office to sign up with your telephone number. As prayers are received at the parish, you will receive a phone call, making it possible for you to participate in this important prayer ministry.

Thank you from Family Promise

Saint Mary Catholic Community hosted families of Family Promise during the week of October 11th-17th at First Christian Church.

We, volunteer coordinators, want to express our gratitude to our faithful volunteers that help us host these families. You make it possible to continue to serve in this important ministry, assisting families to strive for sustainable independence.

Thank you!
SMCC Volunteer coordinators



Hospital Communion Ministry

If you'd like to receive Communion from a Pastoral Care Minister or Father Cody Williams, please contact the office at 406-442-5268.

St. Peter's Health

Prayers for the Deceased



Steven Moore

Husband of Barbara Moore

Eternal rest grant unto them,
O Lord and let perpetual light
shine upon them.

Please remember in your prayers those who have recently died. When a member of your family dies and the funeral is somewhere other than Saint Mary, please call the Pastoral Office and let us know.





CATHOLIC JOURNEY EXPERIENCE: ALL ARE INVITED!

· This is your opportunity to attend a 3-day weekend retreat seeking guidance by the Holy Spirit into a deeper experience of Christian community, prayer, discussion, reflection and enlightenment!

· Women's Weekend held at St Cyril and Methodius January 14-17, 2027

Contact: helenacatholicjourney.women@gmail.com 406-439-4136

· Men's Weekend held at St Cyril and Methodius, East Helena February 11-14, 2027

Contact: Helenacursillorector@gmail.com 406-459-9902



CSSM
CATHOLIC SOCIAL SERVICES
of Montana



**Mental Health
FIRST AID®**

from NATIONAL COUNCIL FOR
MENTAL WELLBEING®

Increase your knowledge about how to identify, understand,
and respond to mental health crises with

Mental Health First Aid

Mental Health First Aid is an evidence-based, early-intervention course that teaches participants about mental health and substance use challenges.

***Save your spot and RSVP by sending an email to
session leader, Phillip Quinn, at phil@cssmt.org.***

Our Lady of the Valley, Helena

November 6th, 2026, 8:30am – 4:30pm

**Attendance, lunch, and materials
provided at no cost.**



Phillip Quinn, M.Ed., LCPC, serves as a Mental Health Counselor for Catholic Social Services of Montana, providing therapy to clients across Montana. Before CSSM, he spent 14 years with Intermountain, serving clients and supervising clinicians. He is a Certified Instructor for Mental Health First Aid, leading sessions and providing resources across Montana.



This session is provided in part thanks to the generosity and support of Catholic Extension Society.

**MY
BANK.
YOUR
BANK.
THE
BANK.**

THE BANK
ASCENT
BANK
www.ascentbank.com

FDIC



Adoption Services
Mental Health Education
Baby Boutiques

Since 1953

(406) 442-4130 - www.cssmt.org

Follow us at www.facebook.com/CSSMT

Life is better with a plan!



- Retirement
- Income Protection
- Estate Strategies

SULLIVAN
FINANCIAL GROUP

III N. Last Chance Gulch Suite 3C Helena, Montana 59601
sullivanfinancialgroup.com • 406-443-6300

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**Diamond
Dream**
Wholesale
& Supply



Robert Kolar Your Local Resource
449-GOLD (4653) for all Fine Jewelry
Call for an Appointment • Diamond Importer
In downtown Helena • Religious Jewelry



Gruber Excavating
A-10 Drilling & Toney Water Systems



Corri Barry | 406-202-0632
corri@gruberexcavating.com

www.gruberexcavating.com
www.A10drilling.com

Helena's Greatest Hits
KGR
FM 93.1 • AM 680



**HELENA
HARDWOODS**

CATHERINE & MICHAEL CLONINGER

Quality Lumber • Plywood • Live Edge Slabs •
Flooring • Molding • Stair Treads

406-495-1066 • helenahardwoods.com

helenahardwoods@gmail.com

3290 Centennial Drive • Helena MT 59601

GOOD SAMARITAN
MINISTRIES
THRIFT STORE

3067 N. Montana Ave.
Helena, MT 59601

406-442-0780 office
goodsamministries.org

MONTANA EYECARE
CARING FOR YOUR EYES

OPTOMETRISTS

Dr. Bill Hasquet
Dr. Marcus Kelley
Dr. Rob Simons
Dr. Scott Amestoy
Dr. Kyle Hayter

550 North Montana Avenue
Helena, MT 59601
Office 406-443-2121
Fax 406-443-4163
Email: frontcare@mteyecare.com
Website: www.mteyecare.com



**KNIGHTS
OF COLUMBUS**

COUNCIL 844

Meetings — 6:30 P.M.
2nd Thursday Each Month
1867 N. Washington St.

442-5420



**A New
Beginning...**

**Join the Knights of Columbus
FREE MEMBERSHIP***

For new online membership applications
submitted the entire month of April

*for 1-year, regular dues are \$30/year thereafter.
Visit kofc.org/joinus
Enter code

BLESSEDMCGIVNEY



THE {FULL} LIFE AWAITS

Learn more: 406-389-8296

TOUCHMARK ON SADDLE DRIVE



The Helena We Adore HimTeam

invites you to spend a

Holy Hour with Jesus each week! Here's
how:

1. Signup for afree account at:
Helena.WeAdoreHim.com
2. Choose the hours you would like to pray at Trinity
Chapel on the Carroll College campus from 5AM to
10PM.
3. Make changes or find a substitute at the same website.
4. Need **two adorers scheduled per hour** so that Jesus is
protected and never left alone, so **SPREAD THE
WORD!!!**
Jesus wants to spend more time with you...
SIGN UP TODAY!!!

To ensure a safe
environment, parents
must accompany
children to and from the
rest rooms at all times.
Thank you.

Westaff
HR CONSULTING + STAFFING

**Don't let your
mental health
slow you down!**



You are not alone. We're here for you.

Your mental health affects your spirituality, vocations,
relationships, and all parts of your life. Take care of it!

- ✓ Our therapists are Catholic and welcome faith as a part of your therapy, although it is not required.
- ✓ You can meet with a therapist in-person or online.
- ✓ Therapists specialize in many areas, including grief, trauma, anxiety, depression, and marriage/family.
- ✓ Therapy is completely confidential. We'll walk with you on your journey to achieve your goals.
- ✓ Your consultation is free. Insurance, Medicaid, Medicare, some EAP, and private pay (discounts are available) are accepted for additional sessions.



To get started:
Call us at (406)442-4130 or
Message us at cssmt.org.

If you would like to sponsor the bulletin, please contact Danita at 406-442-5268, ext. 104.
Thank you to all our sponsors, we appreciate your sponsorship!