

Saint Mary Catholic Community

Pastoral Office Hours

Monday—Friday:

8:30 AM—4:30 PM

Fr. Tim's Office Hours

Tuesday—Friday:

10:00 AM—2:00 PM

Office Address:

1700 Missoula Ave.

Helena, MT 59601

Phone and Fax:

Ph: 406-442-5268 | F: 406-449-0860

Website:

www.stmaryhelena.org

E-mail:

smcc@stmaryhelena.org

Flocknote (to receive news and updates from us): [Signup here](#)

Livestream

<https://www.youtube.com/channel/UCQR7D-gy6Z3TmeXSQ5Sk45w/>
featured

[Click here to become a parishioner](#)

Adoration: Tuesday following
12:10 p.m. Mass until 2:00 p.m.

Reconciliation

Wednesday:

4:00—5:00 p.m.

Saturday:

3:00—4:00 p.m.

Mass Schedule

Saturday Vigil Mass:

4:30 p.m.

Sunday Masses:

8:00 a.m. & 10:30 a.m.

Weekday Masses

Tues, Wed & Thurs 12:10 p.m.

Friday Care Center Masses

Jan 26—11:00 AM Hunter's Pointe

Feb 9—11:00 AM Touchmark

Feb 16—10:30 AM Cooney

Feb 23—11:00 AM Hunter's Pointe

Third Sunday in Ordinary Time January 21st, 2024

**“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”**

Mark 1:14-20

Fourth Sunday in Ordinary Time January 28th, 2024

**“What is this? A new teaching with
authority. He commands even the
unclean spirits and they obey him.”
His fame spread everywhere throughout
the whole region of Galilee.”**

Mark 1:21-28



MISSION STATEMENT

The mission of Saint Mary Catholic Community is to live and proclaim the Gospel of Jesus Christ through worship, service and community, taking seriously Jesus' command to “Do This in Memory of Me.”

To ensure a safe environment, parents must accompany children to and from the rest rooms at all times. Thank you.

MASSES AT SAINT MARY

Saturday, January 20th

Jonah 3:1-5; 10; 1 Corinthians 7:29-31; Mark 1:14-20

3:00 PM—4:00 PM Confessions

4:30 PM Vigil—for the intentions of David Link
rb: Donna Link

Sunday, January 21st—Third Sunday in Ordinary Time

Jonah 3:1-5; 10; 1 Corinthians 7:29-31; Mark 1:14-20

8:00 AM Mass—for Nita Creach †

rb: Jack & Barbara Creach

10:30 AM—for the People of the Parish

Monday, January 22nd—No Mass

2 Samuel 5:1-7; 10; Mark 3:22-30

Tuesday, January 23rd

2 Samuel 6:12-15; 17-19; Mark 3:31-35

12:10 PM Mass—for Linda Huso †

rb: Cherie Wing

Wednesday, January 24th

2 Samuel 7:4-17; Mark 4:1-20

12:10 PM Mass—for Margaret Edgar †

rb: Jim & Vicki Edgar

4:00 PM—5:00 PM Confessions

Thursday, January 25th

Acts 9:1-22; Mark 16:15-18

12:10 PM Mass—for Sharon Redpath †

rb: Jim & Barbara Schaeffer

Friday, January 26th

Titus 1:1-5; Mark 4:26-34

11:00 AM Mass at Hunter's Pointe—for the People
of Hunter's Pointe

Saturday, January 27th

Deuteronomy 18:15-20; 1 Corinthians 7:32-35; Mark 1:21-28

3:00 PM—4:00 PM Confessions

4:30 PM Vigil—for the intentions of Steve Schaeffer

rb: Jim & Barbara Schaeffer

Sunday, January 28th—Fourth Sunday in Ordinary Time

Deuteronomy 18:15-20; 1 Corinthians 7:32-35; Mark 1:21-28

8:00 AM Mass—for Pam Gatzemeier †

rb: Ed Gatzemeier

10:30 AM Mass—for Noreen Olson †

rb: Michael & Mary Foot

Monday, January 29th—No Mass

2 Samuel 15:13-14; 30; 16:5-13; Mark 5:1-20

Tuesday, January 30th—No Adoration

2 Samuel 18:9-10; 14; 24-25; 30-19:3; Mark 5:21-43

12:10 PM Mass—for Harry Downs †

rb: Henry & Sharon Lang

Wednesday, January 31st—No Confessions

2 Samuel 24:2; 9-17; Mark 6:1-6

12:10 PM—for Earl & Jean Balyeat †

rb: Theresa Eliassen

Thursday, February 1st

1 Kings 2:1-4; 10-12; Mark 6:7-13

12:10 PM Mass—for the intentions of Evelyn Willey

rb: Carol Swanson-Frisch

Friday, February 2nd—No Care Center Mass

Malachi 3:1-4; Hebrews 2:14-18; Luke 2:22-32

Saturday, February 3rd

Job 7:1-4; 6-7; 1 Corinthians 9:16-19; 22-23; Mark 1:29-39

3:00 PM—4:00 PM Confessions

4:30 PM Vigil—for the intentions of Jim Schaeffer

rb: Jill Keating



**Prayer
Ministry
Sacrifice**

As praying stewards: Families and friends gathered for the funeral liturgies of Mary Kerins and Harry Downs.

As ministering stewards: Our parishioners gathered to listen to Clay Scott, former Emmy award winning journalist for an engaging talk about his experience with refugees from Ukraine and Syria. Parishioners also enjoyed playing Bingo. Our Hospitality team and Saint Francis Peace Through Justice Ministry provided refreshments.

As sacrificing stewards: **01/07/24 & 01/14/24**

Pew/Mail:	\$6,456	\$3,390
Direct:	\$1,713	\$1,360
Online:	\$2,219	\$2,009
Total	\$10,388	\$6,759

Stewardship Income

FY 23-4	7/1/23 – 12/30/23	\$259,567
FY 22-3	7/1/22 – 12/30/22	\$256,549
Difference		\$ 3,018

Our fiscal year runs from July 1 to June 30

Total Monthly Income (December) \$66,722

Average Monthly Expenses \$60,000

Revised Christmas Collection: \$11,000

**Praise God and Thank You for your prayers, your share in ministry,
and your sacrificial giving!**



Parish Staff and Parish Councils at your service

Father Tim Moriarty

Phone ext. 106 ~ email: tmoriarty@stmaryhelena.org

Deacon Michael Seipp

email: mseipp@stmaryhelena.org

Dawn Brannman ~ Faith Formation Director/Youth Minister

Phone ext. 107 ~ email: dbrannman@stmaryhelena.org

Deb Kralicek ~ Pastoral Care Director

Phone ext. 103 ~ email: dkralicek@stmaryhelena.org

Lori Mleko ~ Elementary RE Coordinator

Phone ext. 102 ~ email: lorimleko@stmaryhelena.org

Joanna Haddon ~ Finance Director

Phone ext. 104 ~ email: jhaddon@stmaryhelena.org

Dr. Wendy Yuen ~ Director of Liturgical Music

Phone ext. 105 ~ email: wYuen@stmaryhelena.org

Brandon Bloom ~ Maintenance Director

Phone ext. 112 ~ email: bbloom@stmaryhelena.org

Kavida Boone ~ Pastoral Office Coordinator

Phone ext. 101 ~ email: kboone@stmaryhelena.org

Pastoral Council Members: Mary Lou Abbott, Jan Buyske, Rick Duane, Andy Galen, Ed Glowienka, John Larson, Casey Molloy, Cari Schwen and Jim Tucker, Sr.

Finance Council Members: Ann Bauchman, Dave Brown, Jerry LaChere, Lois Menzies, Anna Miller, Sam Prestipino, and Maureen Stohl.

From Father Tim

Happy 2024 to everyone at Saint Mary Catholic Community! I hope all of you had an opportunity to be with family and friends over the holy season of Christmas. May God bless you and your families with joy and peace throughout this new year, and always.

The New Year can be a time of new resolutions for all of us; to help us grow in love of the Lord and each other. Maybe it's time for a little more prayer; a little more patience; time to become a better listener, or to get more exercise. Regardless, if we have made a resolution or not this New Year, may we always strive to continue to be the best version of ourselves for the Lord, for our families, and for our own inner peace.

On the weekend of January 13th and 14th, SMCC will introduce the St. Anselm prayer, which will be prayed as a post-Communion prayer at all weekend liturgies, until the end of May. St. Anselm of Canterbury was an 11th century Benedictine monk, abbot, theologian and philosopher. He held the office of Archbishop of Canterbury from 1093 to 1109. He was born into a noble family located in the Italian Alps, and at a young age, Anselm aspired to become a monk, which took place for him at the age of 26.

Bishop Vetter has asked all parishes of the Diocese to recite St. Anselm's prayer, for the success of the BECAUSE HE FIRST LOVED US Capital Campaign currently underway in our Diocese. This capital campaign will take place over the next five years. It is a multi-million dollar diocesan campaign to promote Evangelization, increase our parish endowment, and help the capital needs of St. Mary Catholic Community. The campaign goal for St. Mary Catholic Community is \$838,000.00 pledged and paid over the next five years. This figure is based on parish collections over the past three years. 40% of the revenue collected for the campaign will remain in our parish to help with the above needs. If we meet our goal of \$838,000.00, 60% will remain in our parish to help with evangelization, our endowment, and capital needs of the parish. A pre-campaign meeting of potential campaign leaders will be held this upcoming Tuesday evening. We will keep you informed as progress is made.

St. Anselm is regarded as one of the most important Christian thinkers of the 11th Century. He was known for his profound faith and mystical prayer. It was that faith and prayer which inspired his thinking and writing. One of St. Anselm's greatest philosophical contributions was his argument for the existence of God. He died on April 21, 1109. St. Anselm, pray for us!

Fr. Tim

Pope's Intentions for January 2024

For the Gift of Diversity in the Church

We pray that the Holy Spirit may help us to recognise the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.



I have loved you with an
everlasting love!
Jeremiah 31:3

Faith Formation

A Journey for Life

From Dawn

Thank you St. Mary Catholic Community!

I am overwhelmed by all of the support, prayers, meals, and gifts that I have received since I broke my ankle. I am so blessed to be part of this generous and holy community. I can't thank you enough. I miss you all and can't wait to join you again!

Please know that I am praying for all of you during this time and for our Community.

May God Bless You Abundantly!

"The Chosen"

The Chosen Viewing and Discussion Group will meet on Thursday, January 25th and February 1st from 1pm to 2:30pm. We will continue watching Season 2! All are welcome to join us!

First Reconciliation class Sunday January 21st

First Communion class will be held on Sunday, January 21st from 9:15am to 10:15am in the Social Center.

Contact Lori or Dawn in the parish office for more information!

Children's Liturgy of the Word

Children who are preschool age and up, and have not yet received their First Communion are welcome to participate in Children's Liturgy of the Word at the 10:30am Mass on Sundays!

Question of the Week:

Sunday, January 21st

Third Sunday in Ordinary Time

Theme: We are all called

Question for Families: What do you think it was like for the people in today's Gospel to be called by Jesus? What did they have to give up in order to follow him? What is something that you have to give up in order to follow Jesus?

Sunday, January 28th

Fourth Sunday in Ordinary Time

Theme: Jesus has power over evil.

Question for Families: What are the evils in today's world that you pray God will free us from? Spend a few minutes in prayer after your discussion.

"A little bit of mercy makes the world less cold and more just." ~ Pope Francis

YOUTH MINISTRY AT SAINT MARY

From Dawn

Important Dates for Youth Group

Sunday, January 21st Confirmation class canceled: We will meet in February!

Wednesday, January 24th: MS and HS Youth Groups will meet at Ss. Cyril and Methodius from 7:00pm to 8:15pm with the rest of the Helena Catholic Youth Groups!

Wednesday, January 31st: HS and MS Youth groups meet from 6:30pm to 7:30 pm!

Awakening: A Spiritual Retreat for High School Youth (Grades 9-12)

We are excited to offer this incredibly inspiring experience to high school-aged youth! Similar to retreats held in the Diocese of Helena over the past few decades, this weekend will flow between fun, prayer, Sacraments, & faith-centered activities.

Pertinent Details

Cell Phone-Free Experience: No cell phones allowed for participants during the weekend. Please leave them at home. Parents/Guardians will receive contact information to reach staff on-site for any emergencies.

Time/Date: Friday, February 2 at 6pm to Sunday, February 4 at 1pm. **Participants must commit to being present for the entire weekend; we are unable to accommodate late arrivals/early departures.**

Location: Bozeman Catholic Community Center (210 S Grand Ave, Bozeman, MT 59715)

Cost: \$75. Financial aid is available through the [For Youth By Youth Scholarship](#) and through our parish.

Space is limited to 75 youth. Please register early!



2024 SUMMER SEASON CAMPS SCHEDULE

JUNE 16-JUNE 21	JUNIOR HIGH #1	JUNE 23-JUNE 28	HIGH SCHOOL #1
JULY 7-JULY 12	5TH/6TH GRADE BOYS	JULY 14-JULY 19	HIGH SCHOOL #2
JULY 21-JULY 26	JUNIOR HIGH #2	JULY 28-AUGUST 2	5TH/6TH GRADE GIRLS

Registration for camp opens January 1, 2024

Early Bird Pricing: Save \$20/camper when you register by January 31st!

Legendary Lodge Scholarship fund!

If you would like to donate to the Legendary Lodge Scholarship fund, please contact Dawn!

Every year, 25-30 youth from our parish attend Legendary Lodge Camps and many of them are only able to do that because of the financial assistance we are able to provide!

Thank you so much for the generosity you always provide!

Liturgical Life

Dr. Wendy Yuen

GOD IS HERE! AS WE HIS PEOPLE

Rev. Dr. Fred Pratt Green (1903-2000) CBE, was born in England and was ordained as a Methodist minister in 1928 and served in England until 1969. While being a minister, he wrote plays but only a few hymns. In 1967 he was appointed to prepare a supplement to the 1933 edition of the Methodist Hymn Book, and it was this appointment which sparked and vitalized his prolific writing of hymn text. Having written over three hundred hymns, Green was regarded as one of the most important Methodist hymnists since Charles Wesley. He is one of the leaders of the “hymnic explosion” in England.

The Hymn Society of America made him a Fellow and Emory University awarded him an honorary doctorate in 1982. The queen honored him after his 90th birthday for his dedication to hymn writing. Through the seventies and eighties, he produced many hymn texts which are published and used by different denominations in different countries.

His concern about the unity of the church through involvement in social justice is clearly manifested in his hymns such as *When In Our Music God Is Glorified, The Church of Christ. God Is Here! As We His People* is no exception. Stanza one starts with “God is here” to remind us that God first calls us and gathers us to praise Him by bringing “our varied skills and arts” to Christ’s body as we invoke the “coming of the Spirit”. Green mentions the Trinitarian God in this stanza. In stanza two, Green skillfully includes the “symbols to remind us of our lifelong need of grace”: table, font, pulpit, and cross which point to the preaching and hearing of the Word. Stanza three mentions “children” reflecting the importance of a welcoming church and how the bread and wine shared in the Eucharist sustains us. Stanza four reassures us that though we are in “an age of change and doubt”, God is the “Lord of all”. Using the active verbs of “live, give, receive, adore, believe”, Green lets us know that we need to respond to God and preach His Gospel. One would appreciate the theological rigor in his works.

The hymn is sung to the hymn tune ABBOT’S LEIGH. The first three notes in each stanza include the three descending notes from a tonic triad which also synchronize with the important words of each stanza: “God is here” (stanza one); “Here are symbols” (stanza two); “Here our children” (stanza three); “Lord of all” (stanza four). These three notes also symbolize the Trinitarian God.

Oh, how He gathers us for purpose! We are all unique human beings with different spiritual gifts and skills, but God first calls us and then gathers us. God brings us into fellowship, sharing bread and wine on the table. God brings us closer together. Our solidarity will enable us, as body of Christ – as a family of believers – to extend God’s kingdom.

Thoughts
from Deb

Pastoral Care

It was simple in design. Five-inch yarn squares joined together to make a soft blanket. Mom crochet each piece on a small had loom that fit perfectly in her hands. Up and over, down and through. Line by line, she added yarn until the little loom was filled. Then after carefully removing the finished square, she began again.

When all of the yarn squares were completed, she placed them on the living room floor, arranging them in the way she thought looked best. Finally, she used some special yarn to join the squares together in a small blanket.

This was her afghan, and it seems as if it was always in use by someone from that day forward. If we were feeling sick, mom would cover us with the afghan until we recovered. Sometimes we would cover up with it when feeling sick or just watching TV. I remember making a tent out of it one time. Just thinking of how simple it was, reminds me of mom's love, creativity, and care.

"The God of love and peace will be with you." 2 Corinthians 13:11. That scripture made me think of the afghan and how it provided comfort, love and peace. God's love is intentional. He knows us intimately and because He knows us, He knows what we need. Because of our sin, we desperately need to be forgiven, to be reconciled with a holy God. And that's where love comes in.

Love drove Jesus to His cross and victoriously up from the grave. Because of all Jesus did, our Father's love now surrounds us with healing, comfort, and peace.

Looking for a substitute Communion Minister for Care Center

This would only be as needed when the regular minister is unavailable. *If you are interested, please call Deb in the parish office for additional information.*

Training is provided.

Will require Virtus-Safe Environment training.

For most funerals at Saint Mary Catholic Community, we provide a luncheon for the family. It takes many people to make this happen.

Currently we have 5 Coordinators. It takes 2 for each reception. We also have a small reception when there is a Vigil.

We also can always use help with laundry, donations of food for the reception, set-up and clean-up.

If you are interested in helping or would like more information, please call Deb in the parish office.

Are you behind on reading your bulletins?

A PROGRAM AND SERVICE OF
THE NATIONAL CATHOLIC RISK RETENTION GROUP, INC.

 **VIRTUS[®]Online**

You know who you are!!

Please get caught up.

If anyone is still have difficulty logging in, please contact Deb in the parish office.

This is required of all who are working with children youth, vulnerable adults. That includes Catechists, homebound ministers, hospital ministers, etc.

Meal Train for Dawn

If you would like to provide a meal for Dawn while she recovers from a broken ankle and surgery you can sign-up here:

<https://mealtrain.com/m3k077>

SAINT FRANCIS PEACE THROUGH JUSTICE MINISTRY

“If you Want Peace, Work for Justice.” — Pope Paul VI

UKRAINE and SYRIAN REFUGEES - CLAY SCOTT

On a bitter cold Sunday morning, January 14, *Clay Scott*, a former journalist and Emmy award winning war correspondent for his reporting in Kosovo, shared his recent experiences with Ukrainian and Syrian refugees. In spite of the subzero temperatures a large gathering listened and asked questions. A year after the Russian invasion Clay journeyed to Ukraine just to listen to people’s stories and see first-hand the impact of the war. In Slovakia where he first traveled, he met a young woman who spoke Slovakian, Russian and Ukrainian as well as some English. She was eager to travel back to Ukraine and help him with Ukrainian. She expressed an interest in coming to the U.S., and after getting her parents’ blessing, he facilitated her coming to Helena. She is now a student at Carroll in a program for refugees. Friends of Clay sponsored her and many people have helped make for her a soft landing.

A year after his first visit, Clay returned to Ukraine, met her parents and gave the reassurance that she was doing well. He described a painful story related to him by two young women traveling on a train. Their parents were living in occupied Ukraine and they had no contact with them. They were traveling just to go to a location as near to where their parents were as physically possible – simply to feel close. **Most refugees are women and children because the men can’t leave. Most want to stay as near to where they are from as possible, knowing, however, there is nothing to return to.** They worry about their loved ones left behind.

He said that in war situations there comes a phase where people are just surviving – a sort of limbo in which they become numb and that is the reality for Ukrainians he met on this second trip. Most of the refugees are from eastern Ukraine which is Russian occupied. The refugees situation is complicated because while they themselves are Ukrainian, they speak Russian. While initially they were warmly welcomed in central and western Ukraine, there are tensions now because of the language differences.

There was considerable discussion about how an individual is sponsored. Clay said that a sponsor needs to be financially responsible for the person for two years and that the process is complicated. **He described refugees as having been ripped away with nothing to return to and having an intense longing for something that doesn’t exist anymore. It’s heartbreak that’s not fixable.**

One of the participants shared how the Lewis and Clark Literacy Council has a program to help refugees learn English. She encouraged others to consider being a volunteer for the program and find more information on the website: <https://www.lcliteracy.org/>

The situation for Syrian refugees is more dire. The war has been going on for over ten years, and millions have poured into neighboring Turkey. The devastating earthquake last February has compounded the problems. The Syrians are not welcome in Turkey and even the most open-hearted believe that it’s just too much, even though Turkey is being compensated by the U.S. and the European Union. **Their status is much more fragile and their need for life’s basic necessities hangs much more in the balance.** Clay worked with middle school aged boys, both Turkish and Syrian. The kids were pulled from regular classes for two weeks at a time to work on projects designed to enhance their ability to see the humanity in each other and to mitigate racial tensions. He gave an example of a small group activity in which the kids were to create a super hero with special powers. One group created a superhero who could sense racism. When that occurred, the superhero could stop time, and get inside the person’s head to turn them in a different direction. Tensions did exist among the students and playground fights and bullying occurred.

Clay said the impact of war is exhausting and tiring, damaging the human spirit. Although he wasn’t identified as an American, he said there is something about those of us who come from a place of privilege as we do. Perhaps it is how we carry ourselves, but we are people who have options. It sets us apart. We take for granted that we have choices and can fix things when they go wrong. **Clay’s experiences as a journalist, his knowledge of conflict situations and his care for the people affected by conflict deeply touched all who were present. Thank you, Clay!** And thank you, also, to all who braved the cold to participate in this unique learning opportunity.

SAINT MARY CARE FOR CREATION MINISTRY

Let 2024 Be the Year

Last week the Care for Creation article focused on Pope Francis' *A Prayer for Our Earth* asking God to “**Pour out on us the power of your love, that we may protect life and beauty.**” Let 2024 be the year for you and your family to take greater strides towards a sustainable lifestyle—a lifestyle that focuses on conserving Earth’s resources and caring for God’s creation. A thoughtful resource to support us on our journey to sustainability was distributed by <https://laudatosimovement.org> and is shared below.

How to Discuss a Lifestyle Change with Your Family¹

Laudato Si’ Movement—Catholics for our Common Home

Improving our habits is an important way to contribute to the movement for a better world. This guide provides some suggestions and guidance for lifestyle changes in your family.

Find a Time to Talk – Plan ahead to find a good time to talk about how your family’s values are reflected in your lifestyles.

Share Why Making a Lifestyle Change is Important to You – Some families want to make a lifestyle change to connect with religious teachings, to embrace simple and more family centered habits, or to ensure that future generations thrive. It may be helpful to highlight the...ecological crisis and the urgent need for everyone to take action.

Decide on a Lifestyle Change – Rather than committing to a massive transformation of your lifestyle, identifying one concrete, impactful change is often more effective.

A few of the most impactful changes follow:

- ***Choose vegetarian meals one day per week.***

(Industrial ranching produces greenhouse gas emissions that drive climate change. Cattle ranching accounts for approximately 80% of deforestation in the Amazon.)

- ***Eat all the food you buy, and set up a composting bin or composting service.***

(Food loss and waste make up between 6% and 10% of the greenhouse gasses that drive climate change. Producing food on an industrial scale and food rotting in landfills both lead to the greenhouse gas emissions that drive climate change. This includes a highly potent gas called methane.)

- ***Eliminate one item that is packaged in disposable plastic from your home.***

For many people, this is beverage bottles. (Items that are put into recycling bins are very often not actually recycled. Approximately 85% of single-use plastic products like beverage bottles end up in landfills.)

- ***Improve your use of energy by adjusting your thermostat by just 1 degree.***

(Studies show that heating our homes generates a huge amount of carbon emissions. Recent studies have shown that households are responsible for up to 72% of global greenhouse gas emissions. 21% of this comes from heating and cooling homes.)

Create a Plan and then Celebrate! - Your commitment to protecting our common home is important. Each step you take towards protecting our common home is a step towards the better future we’re building together. On behalf of creation and all who share it—thank you!

¹*How to Discuss a Lifestyle Change with Your Family.pdf, September 2022, Laudatosimovement.org*

https://drive.google.com/file/d/1pUpUeGyTvjCskYS90WLKJgtxOTC3bQ_A/view?usp=sharing_eil_se_dm&ts=65a69a8

YOU ARE INVITED TO

Valentine Tea

FEB 7, 2024 | 4:00 PM | SOCIAL CENTER

Hosted by Elementary RE children for the seniors of the parish (65 & up). The invitation was sent via Flocknote.

Please RSVP by February 1.

You can also call the Parish Office on 406-442-5268 to RSVP, or email lorimleko@stmaryhelena.org



Cookies are needed **by February 6** for the Valentine Tea on February 7.

If you are able to help, please sign up here:

[https://
saintmarycatholiccommu-
ni.flocknote.com/
signup/152650](https://saintmarycatholiccommunity.flocknote.com/signup/152650)

You can also call the Parish Office on 406-442-5268 to let us know.

Thank you for generosity!

Encountering Love



ANNUAL
CATHOLIC APPEAL

FUNDING THE MINISTRY OF THE DIOCESE OF HELENA

You may donate to the ACA online here: <https://www.givecentral.org/appeals-form-registration/acp651ce5f8729a5/user/guest> or by check by placing your gift in the parish offertory basket. *Please make sure to identify it as a gift to the Diocese of Helena. If you decide to donate online, please indicate that you are from Saint Mary Catholic Community.*

Parish ACA Goal: \$94,300

Total to Goal: \$41,517.90

We have achieved 44% of our pledge goal received from 21% of parish households.

Options Clinic

*will be holding their annual
"Change for Life" Fundraiser*

January 21—February 11

During this time, we will have baby bottles available in the gathering space for you to put any spare change in (*change, cash, check, or CC information*).

What is collected goes to

Free clinical grade pregnancy tests, free early ultrasound, free KidSmart parenting classes, free supplies for new parents, low-cost STD testing & treatment and free options education.

Baby bottles due back to the church on February 10. You can also donate online at optionshelena.org/donate or call 406-422-1011.

Grief Support Group ~ A Journey of Healing

See dates below | 1:00 PM | St. Ann's | Saint Mary 1700 Missoula Ave

Facilitator: Helen Beausoleil, LCSW

Call the Parish Office: 406-442-5268 or Helen Beausoleil 406-459-0948.

Inviting all those who have lost a loved one to share faith and hope with others who are experiencing grief. A grief support group helps in understanding the process of grief. We come together as companions in healing.

Grief support provides a safe place to talk about your loss, share your story and express your grief.

Winter 2023 / Spring 2024 Sessions:

January 22 (new), January 29 (ongoing), February 5 & 12 (new), February 26 (ongoing),
March 4, 11 & 25 (new), March 19 (ongoing).

Ongoing group (those who have been through our "boot camp" or similar process) will meet once/month beginning September 18. Theme for our sessions: Grateful Grief. Please call Helen Beausoleil directly for more information.

New!

- twin blankets
- bath towels
- hand towels
- washcloths



Warm Hearts

January drive for new blankets & towels
to gift the poor on Valentine's Day

an ecumenical ministry of the
Sisters of Charity of Leavenworth Associates of Helena



Left to right: Associates Linda McCray and Bobby Lovinder making towel sets.

Donations Serve

God's Love
Good Samaritan Ministries
Family Promise
YWCA
Florence Crittenton Home
The Friendship Center
Rocky Mountain Development Center
Helena Community Offender Reentry Program



Join us for



Like to play Bingo? Come enjoy
fun and fellowship February 4th
in the Social Center! Drop in
anytime between 2-4pm!

Bring a travel-sized item to help support God's Love
(one item per Bingo card for entry):

- Soap
- Shampoo
- Deodorant
- Razors
- Shaving cream

Families
welcome and
encouraged to
attend!

**Please drop off donations for
Warm Hearts in the large box
located in the gathering space!
Thank you for your generosity!**

Knights of Columbus #844

The Helena Council #844 of the Knights of Columbus regular meeting time has changed beginning with this meeting. Our monthly business meeting begins at 6:30 PM at the KofC hall.

Catholic Men, if you're not a member but have interest, please checkout KofC.org to learn more.

You can sign up online and you'd be very welcome in our Council.

Welcome to our New Parishioners!

James & Kelli Casada

Katherine Gillette

Interested in joining our parish and community?

Fill out our registration form here:

<https://www.cognitofrms.com/SaintMary-CatholicCommunityHelena/RegistrationForm>

Following God's Pedagogy



An Introduction to Catechesis of the Good Shepherd

Sr. Mary Michael Fox, OP

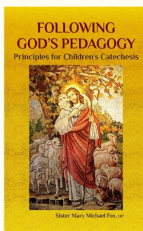
author & catechetical consultant



Tuesday, March 5th

6:00 - 7:30 pm

Cathedral of St. Helena



CGS is a method of educating the child in Christ based on Scripture, the Catholic liturgy, and the pedagogical principles of Maria Montessori. Learn more at cgsusa.org



Details & Updates: diocesehelena.org/faith-formation

Mark your Calendar

Meet & Greet

Sunday, January 28

after each Mass

in the social center!

This is a chance for new

parishioners to meet

other fellow parishioners!

Coffee and treats will be served.



CSSM
CATHOLIC SOCIAL SERVICES
of Montana

Mental Health Services

NEW Counseling Program Available!

Catholic Social Services of Montana is excited to announce the launch of its new mental health counseling program. We are actively accepting new clients. Below are more details:

- We have licensed counselors available to talk or listen.
- No topic is too big or too small for us to address. If we can't tackle it, we'll work with you to provide a referral.
- You can meet with us from your computer, cell phone, or any other online mobile device. If you live in or want to travel to Helena, you can meet in-person with us.
- We're Catholic. Faith can be a part of our conversation if you'd like, but that is not required. We are here for everyone.
- Your first session is free. If you choose to schedule another session, we accept insurance and private pay and offer reduced private pay rates if you meet qualifying standards.

To get started, you can call (406)442-4130 or visit www.cssmt.org.

FEBRUARY 9TH

CELEBRATING MARRIAGE

WITH BISHOP AUSTIN VETTER

EVENT DETAILS

MASS // INDIVIDUAL BLESSING
OF COUPLES // RECEPTION @
THE MONTANA CLUB //
FREE CHILDCARE



Bishop Vetter extends a warm invitation to all married couples, from the newest of newlyweds to those who have commemorated over six decades, to a night of celebration. The evening will begin at the Cathedral with Mass, where Bishop Vetter will personally bless each couple. A lively reception with appetizers and dessert will follow at the Montana Club. Every couple will walk away with a special photo capturing their blessing with Bishop Vetter.

Date & Location

Friday, February 9th // 6:30 PM Mass at the Cathedral of St. Helena (530 N. Ewing St., Helena, MT 59601) // Reception following Mass at the Montana Club (24 W 6th Ave, Helena, MT 59601)

Event Details

Appetizers and Dessert included // Semi Formal Attire // \$25 per couple with childcare available at no additional cost

Please RSVP in advance at <https://diocesehelena.org/family/> or using the QR code





SEMINARIANS

FOR THE DIOCESE OF HELENA

2023-2024

Dillon Armstrong	John Cooney
Kaleb Mitchell	Riley Helgoe
Brett Rotz	Anthony Olmes
James Semling	Jamie Severson
Carter Anderson	Shae Bills
Lane Buus	Matt Keck

- Please continue to pray for our Seminarians -

We Pray for all those serving in the Military

Natasha Walker	Nathan Mill
Marcus Peter	Christopher Casne
Andrew Welch	Tyler Eierdam
Ed Eve, Jr	Colby Smith
Jack Cotter	Cody Gleich
David Beatty	Andrew McGuffey
Jackson Haddon	Nicholas T Nelson
Stephen Ceo	Tristan Anne Driessen
Lucas Robson	

By the grace of God may peace reside in every human heart and in all the world. If you would like to add or remove a name, please call the Parish Office on 406-442-5268.

Prayers for the Deceased

*Eternal rest grant unto them,
O Lord and let perpetual light shine upon them.
Please remember in your prayers those who have recently died:*

Mary Kerins

Harry Downs

Shaun McCarthy (brother of Kathy Gilboy)

Ann Boylan (mother of Maureen Batey)

Mel Obrigewitch (brother of Rita Krushensky)

When a member of your family dies and the funeral is somewhere other than Saint Mary, please call the Pastoral Office so that we may remember them in the Prayer of the Faithful.



HOMELESS PANTRY

Thank you so very much for your response to our parish's Homeless Pantry.

Through your generosity, we were able to keep the pantry stocked through the summer!

The Homeless Pantry continues to be a huge success with lots of individuals in need using it.

Now winter is here! We will still accept donations of food and toiletries, but we also need scarves, warm hats, bottles of water, gloves, socks.

Thank you for your generosity!



The Helena We Adore Him Team invites you to spend a Holy Hour with Jesus each week!
Here's how:



1. Sign up for a free account at: [Helena.WeAdoreHim.com](https://www.Helena.WeAdoreHim.com)
2. Choose the hours you would like to pray at Trinity Chapel on the Carroll College campus from **5AM to 10PM.**
3. Make changes or find a substitute at the same website.
4. Need **two adorers scheduled per hour** so that Jesus is protected and never left alone, so **SPREAD THE WORD!!!**

*Jesus wants to spend more time with you...
SIGN UP TODAY!!!*

Our parish is a supporter of a number of outreach organizations in town, including:



Catholic Social Services : 406-442-4130

Guided by a commitment to respect for life, CSSM serves the varied needs of mothers, babies and children by building and strengthening families in Montana.

De La Salle Blackfeet School: 406-338-5290



Provides a quality, innovative and faith-based education to students on Blackfeet Reservation, that they may become successful learners and able participants in the shaping of their community.



Family Promise: 406-465-9467

Helps homeless and low-income families achieve sustainable independence through an interfaith network of hospitality.



Friendship Center: 406-442-6800

Supports victims of domestic violence and/or sexual abuse with a broad range of support at no charge.



God's Love: 406-442-7000

Supports homeless in our community and helps provide food and shelter.



Good Samaritan Ministries: 406-442-0780

Supports family life in our community and enhance human dignity with services to meet the physical health, social, emotional and spiritual needs of individuals and families.



Guatemala Mission: Established in 1964, our diocesan mission at Santo Tomás la Unión, Guatemala is comprised of a school, a clinic, and the mission headquarters. The mission provides essential services to poor people in the coastal highlands of the country.



Habitat for Humanity: 406-449-4663

Self-described "Christian housing ministry" is devoted to building simple, decent, affordable housing in the Helena area. (www.helenahabitat.org)



Helena Community Gardens: 406-529-1364

Makes gardening accessible to low-income families, people with disabilities and the elderly, increasing access to healthy locally grown food. Our Jubilee Garden, which donates fresh organic produce to Helena Food Share, is a member of the Helena Community Gardens family. (www.helenagardens.org)



Helena Food Share: 406-443-3663

Creates a hunger free community with emergency food boxes monthly and weekly produce and breads.



Options Clinic: 406-422-1011

Guided by a commitment to respect for life, Options offers a wide range of health care services to men and women free of charge. (www.optionsfriends.org)

If the good work of any of these organizations resonates with your desire to serve, please feel free to contact them—and please mention that you are from Saint Mary Catholic Community.

CATHOLIC SOCIAL TEACHING

The Church's social teaching shows us how to build a just society and live lives of holiness in the 21st century.

Each person is **SACRED**, made in God's image, equal in dignity.

Each person is **SOCIAL**, called to participate in family and community.

All people have **RIGHTS** and **RESPONSIBILITIES**, The right to life and its necessities, the responsibility to respect the rights of others and work for the common good.

We care for people who are **POOR** and vulnerable, before all else.

Workers have rights. **WORK** has dignity. We are partners with God in creation.

SOLIDARITY is our call. We are our brothers' and sisters' keepers.

We are for **CREATION**. We live in interdependence with all God has made.

Mark Your Calendars!

- ♦ Tuesdays, Wednesdays & Thursdays: 12:10 PM Mass
- ♦ Fridays: Mass *at rotating sites in local care centers.*
Coming up: Jan 26 11:00 AM at Hunter's Pointe; Feb 9 11:00 AM at Touchmark; Feb 16 10:30 AM at Cooney
- ♦ Wednesdays: Confessions 4:00 PM—5:00 PM
- ♦ Tuesdays: Eucharistic Adoration after the 12:10 PM Mass until 2:00 PM
- ♦ Saturdays: 3:00—4:00 PM Confessions; 4:30 PM Vigil
- ♦ Sundays: 8:00 AM & 10:30 AM Masses
Livestream Masses available [here](#)
- ♦ Sunday Jan 21: 9:15 AM—10:20 AM First Communion class in social center; 10:30 AM Children's Liturgy of the Word in social center; 1:00 PM—2:30 PM Confirmation in social center
- ♦ Monday Jan 22: 1:00 PM New Grief Group in St. Anne's; 5:30 PM—6:45 PM OCIA in St. Anne's
- ♦ Wednesday Jan 24: 3:45 PM—5:00 PM RE in social center; 4:00 PM—5:00 PM Confessions; 6:30 PM—7:30 PM Youth Group in social center
- ♦ Friday Jan 26: 11:00 AM Mass at Hunter's Pointe
- ♦ Saturday Jan 27: 3:00 PM—4:00 PM Confessions
- ♦ Sunday Jan 28: 10:30 AM Children's Liturgy of the Word in social center; Parish "Meet & Greet" social after each Mass in social center
- ♦ Monday Jan 29: 1:00 PM Ongoing Grief Group in St. Anne's; 5:30 PM—6:45 PM OCIA in St. Anne's
- ♦ Tuesday Jan 30: **No Adoration**
- ♦ Wednesday Jan 31: **No Confessions**; 3:45 PM—5:00 PM RE in social center; 6:30 PM—7:30 PM Youth Group in social center
- ♦ Thursday Feb 1: 10:00 AM—3:00 PM Quilters in St. Anne's
- ♦ Saturday Feb 3: 3:00 PM—4:00 PM Confessions

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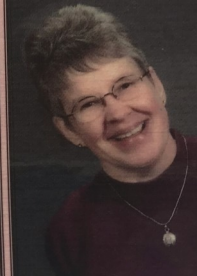
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